



Robinson's Karate Schools
Karate and Kickboxing Schedule - Bolton
 (Effective March 15th, 2010)



Junior Class Times (Ages 5 to 12)

Please see reverse for more details	"A"	"A"	"B"	"B"	"A"	"B"
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt	5:00 p.m.	6:45 p.m.	5:00 p.m.	6:30 p.m.	5:30 p.m.	9:30 a.m.
Yellow Belt	5:00 p.m.	6:45 p.m.	5:00 p.m.	6:30 p.m.	5:30 p.m.	9:30 a.m.
Orange Belt	5:45 p.m.	5:15 p.m.	4:15 p.m.	5:45 p.m.	4:00 p.m.	10:15 a.m.
Green Belt	5:45 p.m.	5:15 p.m.	4:15 p.m.	5:45 p.m.	4:00 p.m.	10:15 a.m.
Purple Belt	6:30 p.m.	4:00 p.m.	5:45 p.m.	4:00 p.m.	4:45 p.m.	11:00 a.m.
Blue Belt	6:30 p.m.	4:00 p.m.	5:45 p.m.	4:00 p.m.	4:45 p.m.	11:00 a.m.
Brown Belt	4:15 p.m.	6:00 p.m.	5:45 p.m.	4:00 p.m.	4:45 p.m.	11:00 a.m.
Brown II Belt	4:15 p.m.	6:00 p.m.	5:45 p.m.	4:00 p.m.	4:45 p.m.	11:00 a.m.
Red/Black Stripe Belt	4:15 p.m.	6:00 p.m.	5:45 p.m.	4:00 p.m.	4:45 p.m.	11:00 a.m.
Black Belt	4:15 p.m.	6:00 p.m.	5:45 p.m.	4:00 p.m.	4:45 p.m.	11:00 a.m.

Help Classes

Free Help Classes By Appointment 30 min
 (Please visit the Pro Shop to book your time)

Tuesdays at 4:45 p.m., Wednesdays at 3:45 p.m. and Thursdays at 4:45 p.m.
 Adults may also attend Happy Hour on Wednesdays at 6:30 p.m.

Black Belt Club Class Times (Junior and Adult)

Black Belt Club: Regular Classes	First week in every month on the "A" days (Mon., Tues., Fri.) during your regular class time
Weapons Classes: Juniors - Yellow, Orange, Green	Thursdays at 5:15 - 5:45 p.m. Nunchaku: Mar, Jun, Sep, Dec Kali: Feb, May, Aug, Nov Bo: Jan, Apr, Jul, Oct
Weapons Classes: Juniors - Purple, Blue, Brown, Brown II, Red/Black Stripe, Black Adults - All belts	Saturdays at 11:45 - 12:15 p.m. Nunchaku: Mar, Jun, Sep, Dec Kali: Feb, May, Aug, Nov Bo: Jan, Apr, Jul, Oct

Adult Class Times (Ages 13 years and up)

Please see reverse for more details	"A"	"A"	"B"	"B"	"A"	"B"
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Belts: White, Yellow, Orange, Green, Purple	7:15 p.m.	9:00 a.m. 7:30 p.m.	6:30 p.m. Happy Hour Open Help Class	9:00 a.m. 7:15 p.m.	6:15 p.m. Adult Fitness	12:15 p.m.
Belts: Blue, Brown, Brown II, Red/Black Stripe, Black	7:15 p.m.	9:00 a.m. 7:30 p.m.	6:30 p.m. Happy Hour Open Help Class	9:00 a.m. 7:15 p.m.	6:15 p.m. Adult Fitness	12:15 p.m.

Important Information

Juniors - Students 5 years old to 12 years old

Adults - Students 13 years old and up

All students are required to attend one "A" class and one "B" class each week

Sparring equipment is required on all "B" days for the following students:
Adults and children 13 years and up at Yellow Belt or all students at Orange Belt

Kama week is the second week of every month on "A" days for all students Purple Belt and higher

Exam Night:

Exam night is the last Friday of every month from 6:00 p.m. to 7:00 p.m.

All students participating in the exam must arrive at the school by 5:30 p.m. for preparation.

There are NO regular classes or help classes on exam nights.

Buddy Day (All Belts)

Buddy Day is the last Friday of every month at 7:00 p.m. (immediately following the exam)
30 minutes in length. Please pick up your Buddy Day Pass at the Pro Shop

Other great programs offered at

Robinson's Karate Schools:

🌀 **Ninja Tots (ages 3 - 5)**

🌀 **Gracie Jiu-Jitsu**

Ask about our AMAZING BIRTHDAY PARTIES!!!

Robinson's Karate Schools

Family of Schools

www.teamRKS.com

Main School and Headquarters - Newmarket

130 Davis Dr., Unit 25, Box 84, Newmarket, Ontario L3Y 2N1

Phone: (905) 830-1245 Fax: (905) 830-1246

Aurora Location

15483 Yonge St., Unit 3, Aurora, Ontario L4G 1P3

Phone: (905) 713-1774 Fax: (905) 713-0278

Bolton Location

12612 Hwy 50, Unit 11B, Bolton, Ontario L7E 1T6

Phone: (905) 857-7009 Fax: (905) 857-0686

Brampton Location

370 Main St., Unit #111, Brampton, Ontario L6V 4A4

Phone: (905) 453-3383 Fax: (905) 453-0018

Lewis' Karate Schools - Barrie

417 Huronia Rd., Unit B, Barrie, Ontario L4N 9B3

Phone: (705) 733-8994 Fax: (705) 733-9485

